

## **Myths vs. Facts Interactive Game**

Use this interactive game to engage people in meaningful conversations about the COVID-19 and flu vaccines. This vaccine education activity will address myth and reinforce facts.

### Materials Needed:

- Printed double-sided myths vs. facts cards
- Giveaways that can serve as prizes

### Instructions:

1. A template of sample myths and facts is attached. To create your own, write a common myth or a misunderstood fact on one side of the paper. On the other side, include if the statement was a myth or fact and give an explanation, citing the source of the information.
2. Lay the pieces of paper on your table. As people come to your table ask if they would like to play a game where they get a prize. Depending on what prizes you have to give away, you can determine the criteria to win a prize (i.e.# of statements correct or give a prize to everyone). Participants can play as individuals or as a team.
3. Guide participants to answer if each statement on the paper is a myth or a fact. After they answer, flip the paper over to reveal the answer and clarify any misunderstandings.
4. Repeat with all the statements on the table. Give prize to the winners

### Alternate Game Play:

1. This could be a head-to-head match-up among two people (or groups of people) where they would have to “ring in” to answer by raising their hand. The most correct answers wins.

### Option:

1. This activity could be done virtually on a PowerPoint presentation. Write a statement on one slide and state the answer and explanation on the next slide.

1

MYTH OR FACT?

**Influenza is not so serious,  
so I don't need the vaccine**

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1

## **It is a MYTH!**

**As many as 650,000 people a year can die from the flu. This only represent respiratory deaths, the likely impact is even higher.**

**Even healthy people can get the flu, but especially people whose immune systems are vulnerable. Most people will recover within a few weeks, but some people can develop complications including sinus and ear infections, pneumonia, ear and brain inflammations.**

2

MYTH OR FACT?

**Covid-19 vaccine is  
effective against the new  
**Delta Variant****

# 2

## **It is a FACT!**

**COVID-19 vaccines are effective against severe disease and death from variants of the virus that causes COVID-19 currently circulating in the United States, including the Delta variant. Infections happen in only a small proportion of people who are fully vaccinated, even with the Delta variant. When these infections occur among vaccinated people, they tend to be mild.**

**If you are fully vaccinated and become infected with the Delta variant, you might be able to spread the virus to others.**

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3

MYTH OR FACT?

**Receiving a COVID-19  
vaccine cause you to be  
magnetic**

# 3

## **It is a Myth!**

**Receiving a COVID-19 vaccine will not make you magnetic, including at the site of vaccination which is usually your arm. COVID-19 vaccines do not contain ingredients that can produce an electromagnetic field at the site of your injection. All COVID-19 vaccines are free from metals.**

4

MYTH OR FACT?

**It is safe for me to get a COVID-19 vaccine if I would like to have a baby one day**



**4**

# **It is a FACT!**

**If you are trying to become pregnant now or want to get pregnant in the future, you may get a COVID-19 vaccine when one is available to you.**

**There is currently no evidence that COVID-19 vaccination causes any problems with pregnancy, including the development of the placenta. In addition, there is no evidence that female or male fertility problems are a side effect of any vaccine, including COVID-19 vaccines.**

5

MYTH OR FACT?

**The Covid-19 vaccine can get me sick with the virus**

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# 5

## **It is a MYTH!**

**None of the authorized COVID-19 vaccines in the United States contain the live virus that causes COVID-19. This means that a COVID-19 vaccine cannot make you sick with COVID-19.**

**COVID-19 vaccines teach our immune systems how to recognize and fight the virus that causes COVID-19. Sometimes this process can cause symptoms, such as fever. These symptoms are normal and are signs that the body is building protection against the virus that causes COVID-19.**