

Partnership for a Healthy Lincoln— More than a Shop COVID Barbershop campaign



Good Health is Always in Style.

Get up to date with the Bivalent COVID vaccine.

Talk about it at Fisher's Beauty and Barber.

VAX NOW

while it's still free.

Because COVID isn't over.

HealthyLincoln.org/covid-is-not-over

Made possible with funding from the Centers for Disease and Prevention.

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Talk about it at Hometown Favorites Hair Care.

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Why should I get a "booster"?

Protection provided by the original shot(s) decreases over time. Boosters help people maintain strong protection from severe illness from COVID. They strengthen the antibody response—but equally important, boosters broaden the ability of the immune response to recognize more variants.

An updated booster is now available that provides increased protection against Omicron variants.

Who should get a booster?

You can get your updated booster at least 2 months after your last COVID dose—either a booster dose or your primary series. Individuals age 12 and up are eligible for the updated Pfizer booster and adults age 18 and up are eligible for the updated Moderna booster.

If I got vaccinated and then got COVID, do I need a "booster"?

While you gain some extra immunity from having COVID, evidence shows that a booster will provide the added protection needed to reduce the risk of re-infection and protect against severe illness, hospitalization and death.

Can I still get COVID even if I get a booster? If so, why should I get it?

A booster gets you back on your feet faster and will keep an otherwise healthy person out of the hospital. If you are boosted and exposed to COVID 19, it will take 4 - 5 days for your immune system to fully kick in.

The Omicron variant has a shorter incubation period than other variants and can make you sick in as little as 2 - 3 days. This means that if you catch Omicron, you might only be sick for a day or two before your immune system fights it off. Without a booster you could be sick for much longer and even become seriously ill.

Can people mix and match vaccine brands for their booster shot?

Eligible individuals may choose which vaccine they receive as a booster dose. Some people may have a preference for the vaccine type that they originally received and others, may prefer to get a different booster.

Thanks to
Hometown Favorites Hair Care
1433 South Street
Lincoln, NE



Partnership for a Healthy Lincoln
Questions? Talk to your healthcare provider.
More at: HealthyLincoln.org/covid-is-not-over
Web site information is frequently updated.

Good Health is in style at any age.

VAX AND BOOST

Because COVID isn't over.



Questions and answers about the COVID vaccine.

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Fisher Beauty and Barber
1362 S 3rd Street
Lincoln, NE

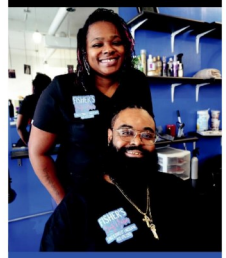


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